

# Prescription Roulette

In the next 12 months, one in every 380 Americans — a startling 780,000 of us — will be **KILLED OUTRIGHT** by a medical treatment the U.S. government tells us is “SAFE and EFFECTIVE”

Next time you take a prescription, ask yourself:

“Do I Feel *Lucky?*”

## In this urgent bulletin:

### ■ 19 PRESCRIPTION DRUG TIME-BOMBS:

Are you taking any of these potentially deadly prescriptions?

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### ■ This arthritis drug caused up to 100,000 fatal heart attacks —

what to take instead: Page 3, INSIDE!

### ■ This popular blood pressure drug makes you FIVE TIMES more likely to have a heart attack —

what to take instead: Page 8, INSIDE!

### ■ This hormone drug causes ovarian cancer in more than ONE-THIRD of all laboratory subjects tested —

what to take instead:

Page 10, INSIDE!

### ■ These anti-depressants are blamed for suicides —

what to take instead: Page 10, INSIDE!

take instead: Page 10, INSIDE!

### ■ This sex drug is being blamed for an epidemic of blindness and heart attacks —

what to take instead: Page 11, INSIDE!

### ■ MUCH MORE LIFE-SAVING NEWS INSIDE!

If you follow doctors' orders and are over 60, there's a 60% chance that you will be the VICTIM of a medical or surgical disaster.

Arthritis drugs Vioxx® and Bextra® turned out to be savage killers before they were finally yanked from the market for causing heart attacks...

Antidepressant drugs Zoloft®, Paxil®, Luvox® and Wellbutrin® are supposed to LIFT your mood—not INCREASE risk of suicide...

Hormone replacement drugs such as Prempro® are supposed to SAVE women's lives—not DOUBLE your risk of breast cancer...

Thousands used Lamisil® to get rid of toenail fungus—and are now dealing with a “side effect” of fatal liver damage...

And folks using a popular drug used to stimulate their sex life—are losing their eyesight and dropping dead from heart attacks...

The facts are ugly: This year and every year...

- ▶ More than 8.9 million Americans are victims of UNNECESSARY HOSPITALIZATION... and hundreds-of-thousands of them will contract dangerous infections... and 88,000 will be killed by them—simply because they followed “doctors' orders”...
- ▶ Americans will be scarred by more than 7.5 million UNNECESSARY SURGERIES... and as many as 69,136 of them will die on the table—or from complications later on...
- ▶ More than 106,000 will die in the hospital after receiving a doctor-prescribed drug...
- ▶ 98,000 will be the victims of a medical blunder or malpractice...
- ▶ And another 422,800 will die from in-hospital adverse medication reactions, bedsores, malnutrition, plus other

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## Drug companies are playing "Prescription Roulette" with your health...

- ▶ Bextra® and Celebrex® are supposed to relieve pain—NOT kill you with a fatal heart attack...
- ▶ Zoloft®, Paxil®, Luvox® and Wellbutrin® are supposed to LIFT your mood—NOT make you want to commit suicide...
- ▶ Prempro® is supposed to balance female hormones—NOT double your risk of breast cancer...
- ▶ Lamisil® is supposed to eliminate toenail fungus—NOT cause fatal liver damage...
- ▶ Viagra® is supposed to restore potency—NOT blind you or strike you down with a heart attack!
- ▶ Each one of these drugs was pronounced "safe" by the U.S. government...
- ▶ Each was—and STILL IS being marketed by drug companies...
- ▶ Each is still being prescribed by doctors...
- ▶ And yet each is now the subject of massive class action lawsuits for ruining the lives of hundreds of thousands of people!

## Will a drug you're taking now be NEXT?

In this special issue, Dr. Michael Cutler shows you how to heal WITHOUT deadly side-effects!

## Meet Michael Cutler, M.D.

# "Following Doctor's Orders Almost Killed Me!"



Dear concerned friend,

Blindly following a mainstream doctor's orders cost me a fortune... mutilated my body... and nearly killed me.

When I became a physician, I trusted my doctors even more and continued to take my drugs without hesitation.

But I was not getting well. In fact, my bowel and intestinal problems got worse. So bad—that doctors said my only cure was a drastic colon surgery that left me wearing a diaper at night—and I was only 33 years old!

It was only later on in my life that I discovered that thousands of other patients who had suffered from the same digestive disease had found a better way: They had cured themselves—using nothing more than a few simple dietary changes and a handful of all-natural supplements!

I was blown away: the years of living with pain... pumping dangerous drugs in my body... and the life-altering colon surgery that put me in a diaper at the age of 33 were completely unnecessary.

But do you think that anyone—a single doctor, surgeon or any of the other medical people I spent years trusting—EVER even mentioned this safer, simpler, cheaper alternative to me?

HA! *Not on your life!*

That horrible experience changed me forever. Right then and there, I dedicated my life to helping people like you find the faster, safer, less expensive ways to end your health problems forever—WITHOUT the costly and dangerous drugs and grisly surgical procedures the medical establishment loves to sell you!

I NEVER want you to see what it feels like to be victimized by a doctor who has been brainwashed by greedy drug companies—and who won't even consider the proven alternatives.

The simple fact is, drug companies are not giving you the whole truth about the prescription drugs and other medicines you take...

Thinking that drug companies will warn you about the dangers of the products they sell is a fool's game that has crippled and killed hundreds of thousands—maybe millions...

And blindly following a doctor's orders is the leading cause of death in the United States today!

That's why I wrote the startling report you're reading now. And it's why I've created 14 "Must-Read" guides to protect you from this drug holocaust... and to introduce you to safer, gentler solutions.

Please—if you see a doctor more than once a year or take ANY prescription or over-the-counter drug regularly, read every word of this report. It could save your life or the life of someone you love!

*Michael Cutler M.D.*



(Continued from page 1...)

non-hospital reactions to medications...

► The total DEATHS caused directly by the American medical system (doctors, nurses and prescription medications) is a devastating 783,936—66 times more than are murdered by all types of firearms combined!

## Medical "treatment" is now the #1 cause of death in America!

Prescription drugs, surgical procedures, hospital infections and medical malpractice now kill more of us each year than heart disease or cancer. And more Americans are killed by their doctors than by diabetes, digestive illnesses and cancer combined!

Shocking? Consider this: In the next 10 years, 7.8 million Americans will be killed by approved medical treatments! That's 1.8 million more than Nazi death camps killed in World War II... and more than all the casualties from wars that America has fought in her entire history!

Those fatalities are only the tip of the iceberg. An estimated 3.08 million of the medical establishment's survivors are crippled: Left alive, but with serious, debilitating, or even life-destroying health problems for the rest of their lives...

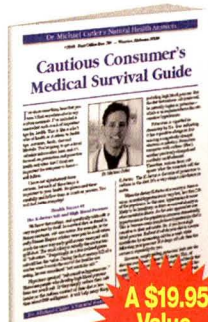
...And if you follow a conventional medical doctor's advice, take any over-the-counter drugs or faithfully take your prescription medications regularly, the odds are three out of five that YOU will be one of the victims!

It happened to me—but it doesn't have to happen to you! That's why I rushed this bulletin to you today; in the sincere hope that it will help make sure that you are NOT one of the victims!

In the next few pages, I'm going to help you take the first steps to saving your own life. I'm going to expose the medical treatments that often harm more than they help. And I'm going to introduce you to safer and more effective alternatives.

What's more, I'm going to invite you to send for a FREE copy of *The Cautious Consumer's Medical Survival Guide*—my hot-off-the-press guide to surviving your next doctor visit, prescription or hospital stay.

First, let me show you why it's so crucial you get your FREE copy of *The Cautious Consumer's Medical Survival Guide* right away...



A \$19.95  
Value,  
FREE!



**"You shell out big bucks for a drug  
that's supposed to help you..."**

**"Instead, it plagues you with  
painful, even deadly side effects..."**

## That's not healing—that's a MUGGING!"

—Michael Cutler, M.D.

After decades of enduring a painful digestive ailment that led to an unnecessary radical surgery, Dr. Cutler shifted his focus from conventional medicines to natural therapies that heal and prevent illnesses.

In his thriving medical practice, he's been an eyewitness to remarkable healings and reversals of illnesses using natural medicines, alternative therapies and the power of mind and body healing.

- Board certified family physician with over 15 years experience specializing in chronic degenerative diseases, fibromyalgia and chronic fatigue.
- Graduate of Brigham Young University (BYU), Tulane Medical School in New Orleans and Natividad Medical Center Family Practice Residency in Salinas, California.

- Successfully brought professionals of several healthcare disciplines together into one unified clinic to bridge the gap between conventional medical training and effective complementary medicine.
- Through his patients' experiences, as well as his own, Dr. Cutler utilizes many natural medicines to work with conventional treatments and therapies for an integrative solution to health problems.
- Sought-after speaker and lecturer on the importance of maintaining optimum health and eradicating degenerative disease.
- Formulator of nutritional supplements designed to restore natural body balance and optimal health
- Editor and founder of the newsletter, *Easy Health Options*—an authoritative guide to natural healing treatments

## Arthritis drugs are supposed to RELIEVE pain—not KILL you with a fatal heart attack!

According to the *Lancet* medical journal, Vioxx®—an arthritis drug that was approved by the U.S. Food and Drug Administration and recommended by thousands of doctors—has triggered 140,000 heart attacks and created over 100,000 new graves in the U.S. alone in just six, short years!

Even worse—investigators are now discovering disturbing facts that could have saved tens-of-thousands of lives...

► **Merck—The pharmaceutical manufacturer of Vioxx®—knew that Vioxx® was deadly more than five years ago:** In 2000, Merck executives learned that a major study had determined that patients who took Vioxx® had 3.7 times more heart attacks than people who didn't.

Furthermore, more than two years before Merck & Co. pulled Vioxx® from the market, the U.S. Food and Drug Administration (FDA) knew that older people taking the drug were more likely to

## What do drug companies do when they don't like the results of clinical trials? They just bury the findings!

A Merck scientist revealed in an e-mail that an elderly female patient enrolled in a Vioxx® clinical trial may have died of a heart attack.

Merck officials overruled the findings of its own scientists—and reported the cause of that death to the FDA as "unknown."

—The New York Times, April 2005

die than those in a placebo group.

Although one e-mail, authored by Edward Scolnick, chief of research for Merck, says that cardiovascular risks, "...are clearly there," neither Merck nor the FDA did a single thing to stop the killings.

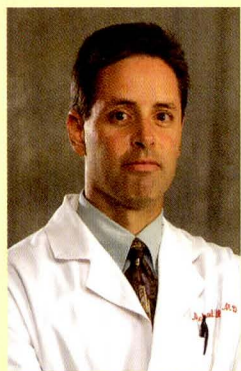
To the contrary: The FDA stood dumbly by as Merck's multi-million-dollar ad campaign continued... convincing doctors and patients to buy more of the deadly drug.

► **Merck buried the bad news about Vioxx®:** According to *The Wall Street*

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*I was a victim of bad medicine—and I don't want it to ever happen to you!*



## **“My life was changed forever by an intestinal disease that could have been reversed WITHOUT painful and unsatisfactory surgery.”**

**S**tarting back in grade school I had abdominal pain and cramping. My family life was stressful and my parents were on the verge of divorce. I unconsciously internalized the pain of this stress, which resulted in an attack of the weakest organ in my system—my digestive tract.

I quietly endured my physical symptoms but by the time I was 12 years old, bloody diarrhea forced my parents to take me to a gastroenterologist. A colonoscopy revealed ulcerative colitis of the rectum and lower large intestine.

Prescription corticosteroids and other anti-inflammatory drugs became a way of life for me. But I thought I was a good patient—and taking my drugs regularly would surely result in a cure.

### **I was taking powerful drugs with dangerous side effects—but getting NO relief!**

My life came to a crashing halt during medical school when my symptoms again flared up. Looking back, I know that my long study hours and allowing the fears of failure to affect me both contributed greatly to the disease process.

Worse, I had no direction on diet. Diet was not even considered a contributing factor to my disease! In fact, I was told to *avoid* a high fiber diet. Since my only nutritional education was one single lecture in four years of medical school, I didn't know any better either.

Once again I was prescribed medications that suppressed the outward signs of the disease—the inflammation of the large intestinal lining.

### **My bowel movements were so unpredictable I had to be within 30 seconds of a toilet to avoid embarrassing myself!**

Despite all the treatments that were available through conventional medicine, my condition worsened. I even developed such bowel movement urgency that I had

to be less than a minute away from a toilet to avoid a blast of diarrheal incontinence.

By the time I was 33 years old, my doctors convinced me I needed a drastic surgery called *total proctocolectomy with ileo-anal pull-through* to save me from a dismal prognosis and likelihood of colon cancer. Here's what the surgery entailed:

First, doctors removed my entire large intestine and rectum. All the contents of the small intestine were directed to a ileostomy bag.

Months later in a second surgery, my small intestine was redirected to a newly constructed rectum that was sewn into existing anal muscles and skin.

### **Doctors assured me that—at 33 years old—I was not going to have to wear a diaper at night for the rest of my life, but they were wrong!**

Before my surgery, my anal sphincter muscle strength was tested. The results showed my chance of post-operative stool incontinence was extremely low. In other words, the doctors assured me that I was not going to have to wear a diaper at night for the rest of my life. They were wrong. Dead wrong!

For several years after the surgery, this problem haunted me. Gone were the camping trips and outdoor recreation I used to love. Nighttime stool incontinence was a constant issue for me, complicating something as simple as a restful night's sleep.

In fact, after my youngest child was potty trained, my family used to tease me saying, “Everyone is out of diapers now... except for dad.” And it's true.

I share this personal story with you to show you how severe the consequences of a neglected digestive tract can be. And in my case...

### **I could've prevented the pain... avoided the drugs... and said NO to my life-changing surgery!**

As a medical doctor, I only knew what I was taught in medical school. But after my ordeal, I began studying natural medicines—to learn how to use Nature to nurture and heal my body.

That's when I discovered that the indigestion, heartburn and irritable bowel I experienced in my early years weren't just inconveniences—they were actually warning signs that I refused to heed.

What's more, all of my symptoms could've been treated—and cured with a host of proven and safe therapies that involved NO drugs and NO life-altering surgeries.

I've been able to use natural digestive remedies to improve the quality of my digestive health. But some damages by the medical establishment just can't be undone.

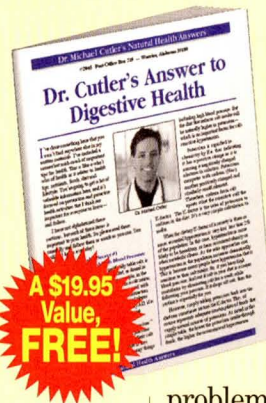
I can't go back in time, but I can make sure unnecessary surgeries and dangerous drugs don't have to be part of your future!

So when you agree to sample *Easy Health Options*, I want to send you a very special report—it's called *Dr. Cutler's Answer to Digestive Health*.

If you're one of the 70 million Americans who experience problems with indigestion... embarrassing gas... bloating... diarrhea... constipation... spastic colitis... or a host of other digestive problems...

...This report may save you from experiencing what I went through, and for sure will save you from going through a host of other possible illnesses that will otherwise arise in time. It's a must read for everyone over 50—and it's yours absolutely FREE. Please see page 15 for details.

*Michael Cutler M.D.*





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*Journal*, Merck officials actually distorted Vioxx® drug trials by excluding heart patients from them. Their objective is clearly stated in the e-mails: So that, "...The rate of cardiovascular problems for Vioxx® patients would not be evident."

Also according to *The Wall Street Journal*, Merck had begun trying to hide Vioxx®-related deaths long before the drug was released in 1999: "Merck's first worry, in the mid-to-late 1990s," says the *Journal*, "was that its drug would show greater heart risk than cheaper painkillers... several company officials discussed in e-mails how to design a study that would minimize the unflattering comparison, even while admitting to themselves that it would be difficult to conceal."

► **Merck threatened researchers who tried to warn us:** Medical scientists warned both Merck and the FDA that Vioxx® could kill thousands. But instead of abandoning the deadly drug, they embarked upon a war of intimidation, misinformation and outright lies designed to silence Vioxx's® critics and to hide the truth about Vioxx® from doctors and patients alike.

Dr. David Graham, associate director for the Office of Drug Safety and a 20-year FDA veteran launched a three-year study and compiled data from 1.4 million Vioxx® users in California who had used the drug from 1999 to 2004. When the study was completed in August 2004, the results were shocking: *Vioxx® increased heart attack risk by 370 PERCENT!*

Dr. Graham immediately tried to get the word out about this Vioxx® danger. So, he followed FDA procedures, and submitted the results for internal review with his specific recommendation: "*Vioxx® is not safe to be prescribed or used by anyone.*"

So what did the FDA officials—who are paid by our tax dollars and sworn to protect Americans from unsafe pharmaceutical

**Even the most authoritative medical journal in America doesn't trust our health care system!**

"We are concerned that the current environment in which some clinical research is [conducted] may threaten medical objectivity... The use of clinical trials primarily for marketing makes a mockery of clinical investigation..."

— *The New England Journal of Medicine*

## Courts blame Vioxx® for husband's death and awards widow \$253.4 million for wrongful death!

According to Max Mehlman, professor of biomedical ethics at Case Western University School of Law in Cleveland, "Just like using a sharp knife, the consumer takes risks when using drugs, and the courts have been restrictive in allowing people to sue drug companies—unless there was *evidence of a cover up.*"

So when a Texas jury awarded \$253.4 million in damages to Carol Ernst for the death of her 59-year old husband, Robert Ernst who used Vioxx® and died of a heart attack—the courts blamed Merck for one of the biggest health cover ups in this millennium!

**Trusting patient goes to doctor  
... takes prescribed drugs...  
and dies!**

Robert Ernst was a trusting patient who took his prescribed doses of Vioxx® for eight months before dropping dead of a heart attack.

products—do about Dr. Graham's heart-stopping discovery? They threatened... intimidated... and forced Dr. Graham to delay publication of his findings!

And Dr. Graham was not alone—Gurkirpal Singh, a Stanford University researcher, was also threatened by Merck and was told his career would end if he didn't shut up.

In fact, numerous other chief researchers at top medical schools were being threatened by Merck. Dr. James Fries, a Stanford University Medical School professor, calls it, "a consistent pattern of intimidation of investigators by Merck."

► **Merck blatantly trained company officials to cover up Vioxx's® dangers:** Merck's cold-blooded executives even went so far as to have a training manual designed to help employees overcome doctors' concerns about Vioxx®. After listing the types of safety questions doctors might ask, the manual ordered employees, "*DODGE!*"

► **Merck paid medical journals and medical experts to praise Vioxx® and suppress its threat to human life:** In November 2000, the *New England Journal of Medicine*—which is financed almost entirely by drug company advertis-

53-year old Richard Irving Jr. of Florida died a month after he began taking Vioxx® for back pain. His wife, Evelyn said her husband was in good health before taking Vioxx®.

Caroline Nevels says her daughter Shelly South—who was just 34 years old—took Vioxx® for 2.5 years before dying of a heart attack in November, 2002.

I can empathize with these folks and the hundreds-of-thousands of others who followed doctor's orders... took their prescribed medicines... and experienced catastrophic results. I too was one of them!

That's why I've made it my crusade to help you heal in the safest way possible. Every month in *Easy Health Options*, I'll guide you to remarkable healing remedies that help—instead of harm your health. I'll make sure you don't become another statistic! See page 17 for a very special opportunity to try *Easy Health Options*—completely RISK FREE!

**"Vioxx® is not safe to be prescribed or used by anyone!"**

— **Dr. David Graham**, associate director for the Office of Drug Safety and a 20-year FDA veteran

ing—published an article written by academics who were literally *paid by Merck*.

Predictably, the authors "forgot" to mention that Vioxx® killed people. In fact, the article actually claims that Vioxx® *reduces* heart attack rates!

**WHY would anyone in his right mind intentionally push such a deadly drug on unsuspecting people?**

The answer, of course, is pure GREED. Merck sold \$2.5 billion-worth of Vioxx®. But Merck isn't the only one making a killing...

Pfizer has blood on its hands too! With more than \$30 billion in annual revenues—

(Continued on next page...)





DOUBLE Merck's total sales—Pfizer is America's largest drug company. And while Merck's executives were cashing in on Vioxx®, Pfizer was hitting the jackpot with not one, but *two*, nearly identical drugs: Celebrex® and Bextra®.

All three drugs—Vioxx®, Celebrex® and Bextra®—work by inhibiting the release of a chemical known as “COX-2” in the human body. But COX-2 does more than just aggravate arthritis symptoms: It's also a vital heart protector. That's why Vioxx® killed so many people. And it's why both Celebrex® and Bextra® are suspected to have done the same.

While Bextra® has been yanked off the market for killing innocent folks—Celebrex® is still widely prescribed by doctors for anything from arthritis pain to menstrual cramps!

If you're still taking Celebrex®, think about this: The time bomb is just ticking until Celebrex®-induced deaths will start making the news. And a 100,000 deaths will be a drop in the bucket!

How could executives at Merck and Pfizer have developed, tested, released, and aggressively marketed these COX 2 inhibitor drugs without realizing that they would kill tens-of-thousands?

How could experts at major medical journals have reviewed the evidence of the carnage without realizing that they were deadly?

How could officials at the U.S. Food and Drug Administration have examined the test results without understanding that these drugs were pure poison?

Answer: They knew. They *all* did. They just didn't want YOU to know.

In fact, these pharmaceutical fat cats were just playing the game the way it has always been played. The cold, hard facts are...

**Drug companies aren't in business to heal people. Heck. They're not even in business to avoid hurting people!**

They're in business to make money, pure and simple. And if this Vioxx® scandal proves anything, it's that they're perfectly willing to kill you to make a fast buck.

Trusting anything a drug company tells you... following a doctor's orders based on drug company sales hype... or even trusting

## RED FLAG ALERT!

# Prescription Drug Time Bombs!

Have you filled a prescription for any of these dangerous prescription drugs?

✓ Accutane®	✓ Effexor®	✓ Serzone®
✓ Bextra®	✓ Lariam®	✓ Stratterra®
✓ Celebrex®	✓ Luvox®	✓ Vioxx®
✓ Crestor®	✓ Paxil®	✓ Wellbutrin®
✓ Celexa®	✓ Prempro®	✓ Zoloft®
✓ Duragesic® pain patch	✓ Remeron®	✓ Zyprexa®
	✓ Serevent®	



The truth is most prescription drugs are recalled only AFTER they harmed or kill people. The U.S. Government found that of nearly 200 drugs approved by the FDA between 1976 and 1985, more than 50% had serious post-approval risks and had to be either removed from the

marked or given a new black box warning! Such risks include heart failure, myocardial infarction, anaphylaxis, respiratory depression and arrest, seizures, kidney and liver failure, severe blood disorders, birth defects and fetal toxicity, and blindness.

Why take chances with your health—especially when there are safer, natural alternatives that work as well as—and even better than popular drugs!

Easy Health Options can show you how to break free from deadly drugs and experience genuine and total healing. See page 17 for your special, NO RISK trial invitation—and get up to 14 gifts absolutely FREE!

a drug proclaimed, “safe and effective” by the U.S. Food and Drug Administration... is like playing Russian roulette with a fully loaded revolver!

**If your doctor thinks arthritis is a joint problem—you can bet your last dollar—and your LIFE he's going to MISTREAT you!**

Do you know what *really* causes arthritis—what really causes the aches, soreness, redness and ultimate disfiguration of your joints?

If you're suffering from a form of inflammatory arthritis such as Rheumatoid Arthritis, you have an autoimmune illness.

That means your body believes it is under attack by an invader, such as an infection. But since this is not the case, your body is fooled into “attacking” itself by targeting the toxins that have built up in

your joint capsules.

You know what happens when a country is under attack: Bombs and missiles go off everywhere. That's the same thing that happens when your body is under attack. But those fiery missiles are called inflammation. And it causes swelling and pain in your joints. And eventually, you may notice some fingers turning away from your thumb—this ulnar deviation occurs as the joints and tissues degenerate over time.

Since rheumatoid arthritis is caused by attacks of toxins in the joints—then the solution is simple...

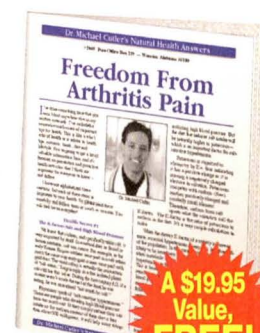
**BANISH arthritis triggering toxins for pain-free natural relief!**

Most doctors recommend pumping your body full of powerful anti-inflammatory drugs and dangerous medications that only temporarily mask your pain. But drugs like Vioxx®, Bextra®, Celebrex® and Alleve®, could leave you a cardiac cripple or kill you outright.

There's a better, smarter, more effective way: Eliminate the *source* of joint irritation by detoxifying your body!

Using water fasts, juice cleanses, or other natural treatments are highly effective at removing toxins that cause arthritis flare-ups.

Fasting is not complicated and just about anyone can do it. In fact, I'll give you my proven program — created especially for arthritis sufferers in a 2<sup>nd</sup> FREE report I want to send you. It's called *The Cautious Consumer's Guide to Freedom from Arthritis Pain!*



**A \$19.95 Value, FREE!**

In *Freedom from Arthritis Pain*, you'll discover a 24-hour program that jump-starts the healing process and gives you immediate relief.

Then you'll uncover the secret to cleansing your colon and alleviating your liver of toxins that attack your arthritis joints...

...And I'll also give you proven and effective supplements that soothe inflamed joints... knock out arthritis pain... and rebuild damaged cartilage too! It's all in your FREE report!

But there's more...





# If it causes brain tumors, seizures, migraines, headaches and depression —why on earth does the FDA consider it perfectly safe?!

**R**alph G. Walton, M.D. Chairman of the Center for Behavioral Medicine and Professor of Clinical Psychiatry at the Northeastern Ohio Universities College of Medicine reviewed 164 studies on the safety of aspartame—a popular artificial sweetener also known as NutraSweet®.

At least 74 of the studies were sponsored by companies, promoting aspartame for profit and 90 studies were funded by independent (non-aspartame industry) money.

Of the 90 independent studies, a whopping 92 percent identified one or more serious health problems with aspartame. These included tumors, migraines, seizures and even depression, for goodness sake!

And just to show you how deceptive and controlling “clinical trials” can be for ulterior motives, of the 74 industry-sponsored studies, ALL OF THEM claimed they found NO PROBLEMS with aspartame!

Even worse, six of those “independent” studies were FDA-sponsored and not really independent at all. Why?

Because those same FDA officials immediately began working for the aspartame industry once it received FDA approval. Do you smell a rat?

I sure did! And that’s why I want you to send for your FREE copy of the *Cautious Consumer’s Medical Survival Guide*. Misinformation... half-truths and bold-faced lies are business as usual for the FDA and their drug pushing henchmen. But I’ll always give you the whole truth about dangerous drugs and deadly substances being pumped in your foods.

In this whistle blowing expose, you’ll discover the health hazards of aspartame—and other artificial sweeteners including Acesulfame K

(Sunette®), Saccharin (Sweet N Low®), Sucralose (Splenda®) and Equal® (combination of aspartame, dextrose and maltodextrin).

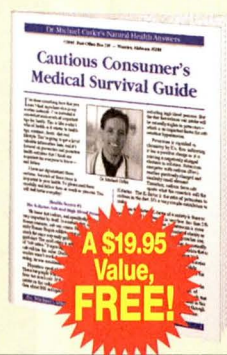
Plus, I’ll introduce you to an all-natural—and safe—sugar substitute that’s been around for ages. In fact...

...Paraguayan Indians used it for centuries to sweeten their bitter drinks.

Today it’s so popular, it makes up 40% of Japan’s sweetener market.

Yet, the FDA won’t allow it to be sold as a sweetener in the U.S.—the artificial sweetener industry is making sure of that!

But I’ll show you an easy way to legally get around that obstacle so you can continue enjoying sweet and healthy treats—without endangering your health!



## Your doctor probably never told you about this all-natural arthritis remedy either...

You probably know that vitamin C was used decades ago to treat scurvy. It’s an illness that was common among sailors who spent months at sea. Without access to fresh fruits and vegetables for their diets, sailors quickly developed the disease.

But what you may not know is that folks with vitamin C deficiencies also experience painful and swollen joints. And when they received adequate amounts of vitamin C, the joint pain and swelling also disappeared!

Numerous research papers prove a low intake of vitamin C can cause arthritis. One study from the Arthritis Research Campaign, The University of Manchester and the Institute of Public Health at Cambridge University studied 25,000 people for over eight years to determine how a diet low in vitamin C affects their risk of getting arthritis.

The result? According to Dr. David Scott, president of the *British Society for Rheumatology*, the results show, “...A particularly strong link between the risk of

developing some forms of arthritis and a low intake of vitamin C.”

Another study published in the *Annals of Rheumatic Diseases* showed that people who got less than 40 mg of vitamin C from fruits and vegetables a day had *four times* the risk of developing inflammatory arthritis on average, with some nearly eight times the risk.

In my clinic, I give my arthritis patients a beet-derived vitamin C loaded I.V. treatment—along with other powerful anti-oxidants and chelators. And the results have been nothing short of spectacular!

For example: Dave T. was suffering from rheumatoid arthritis so bad, he had to crawl in the mornings until his joints loosened up enough to allow him to stand. He couldn’t sleep at nights... almost had to retire from his job and completely gave up playing golf. After 12 weeks of intensive I.V. treatments, nutritional training and supplements, Dave is a new man. He lost 70 pounds and he’s back on the golf course again!

I’ll tell you more about this remarkable arthritis cure—including the exact dose that’s powerful yet safe—and how to know if your body is fully utilizing the therapy—in *Freedom from Arthritis Pain*.

## ✓ Easy Health Tip # 41

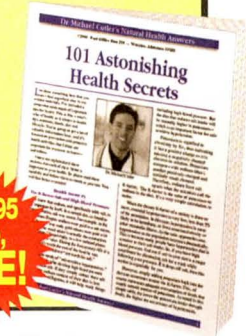
### The secret to splurging—without wrecking your diet!

**I**t’s normal to splurge on a favorite dessert now and then. So when you do, make sure to follow this proven, health tip:

Offset the high-fat, high sugar treat by including foods high in dietary fiber and natural sources in your next meal.

More easy tips you can start using immediately in your FREE copy of *101 Astonishing Health Secrets!* It’s yours FREE during this limited time offer. See page 16 for details.

**A \$19.95 Value, FREE!**



In this special report, you’ll also discover special formulations of plant-based remedies that are proven to control arthritis pain... soothe flare-ups... and rebuild healthy bones. And they’re free of nasty side effects, too! For example...

(Continued on next page...)



► **No-drug remedy cancels knee surgery!** Scandinavian study showed 25% of the patients using this remarkable arthritis remedy actually experienced enough improvement in their joint pain to cancel scheduled knee surgery! Plus, once a month booster treatments kept the pain at bay!

► **How to douse the fire in your joints!** Over 748 research articles and numerous human trials prove this highly effective and all natural treatment can prevent... reduce... and even REVERSE arthritis pain! How? It keeps your joints supple and flexible!

► **Stimulate production of natural painkilling and anti-inflammatory hormones.** It's one of the quickest-acting natural arthritis-pain relievers available—but your doctor probably doesn't even know about it!

► **Three MOST important questions to ask your doctor about your arthritis medicine:** It can save you pain... money... and YOUR LIFE!

► **Little known gout cure really works!** Take this remarkable remedy with vitamin C to lower serum acid levels before they

"I find your EASY HEALTH OPTIONS strikingly interesting and well prepared. My only regret is that I had a surgical removal of my prostate April 15, 1992.

It was a big mistake. If I had had the benefit of your research, it would have never happened.

Let's face it: The surgeon made his livelihood doing surgical procedures and wasn't about to change. I'm looking forward to July's rendition, June's was a masterpiece!"

— O. M., Las Vegas, NV (June 7, 2005)

cause gout pain in your fingers and toes.

#### ► And much more

I'll tell you how you can get *Freedom from Arthritis Pain* along with 13 more special reports absolutely FREE. But first...

**Imagine how many drug companies would go belly-up if all Americans knew about this natural heart saver!**

In the next 60 seconds, two Americans will suffer a sudden heart attack—and one of them will die.

According to *The American Heart Association*, cardiovascular disease is a

\$393 billion a year business. The average cost for a heart transplant alone is \$148,000. And the cost for the heart surgery with the first year of drug care can quickly add up to a whopping \$250,000!

If you were a drug company, wouldn't you be drooling for a piece of that action? Especially since the heart disease market keeps growing in America? In fact, one in every three Americans—that's 70 million of us—is suffering from a form of heart disease right now!

So the drug companies know their marching orders: Work at a feverish pace to manufacture synthetic drugs to lower your blood pressure... reduce cholesterol levels... and thin your blood so they can rake in the billions!

When that kind of money is up for grabs, who cares that these drugs have come with a mile high list of miserable side effects!

For example:

► **Cholesterol lowering drugs cause heart failure and cancer!** Popular drugs such as Lipitor®, Mevacor® or Pravachol® frequently cause headaches, diarrhea, joint and muscle pain and even chest pain. Not to mention they lower your levels of the essential anti-oxidant Coenzyme Q10—and INCREASE your risk of heart failure and cancer!

► **Blood pressure medicines can destroy your life!** Loop diuretics or "water pills" remove excess fluid from your body to lower your blood pressure. But they also drain essential nutrients and minerals that can cause impotence, osteoporosis, muscle cramps, heart palpitations, insomnia, kidney stones, depression and even hair loss!

► **Blood thinners kill!** Coumadin®—a popularly prescribed blood thinner comes with a list of extremely dangerous side effects. By far the worst one is internal bleeding—even without sustaining an injury! Plus, there are 128 prescription medications that adversely interact with Coumadin® to boost its level to the point that spontaneous internal bleeding occurs. Coumadin® even interacts with most over the counter medications and certain foods!

## Before you fill the prescription for a statin drug—try the natural remedy that research now proves is more effective—and safer!

If you haven't heard about this latest study, it's not your fault. The drug industry doesn't want this news to get out. But I'll tell you—right now!

Swiss investigators reviewed 97 randomized controlled clinical trials—using over 275,000 participants to discover the success rate of statin drugs.

Their results—published in the *Archives of Internal Medicine* were eye popping:

Statin drugs decreased the death rate from non-heart disease related causes by 22%. But an all natural, NO drug, NO side effect remedy was 32% effective in keeping heart patients alive.

In other words, you have a better chance of survival by NOT TAKING statin drugs!



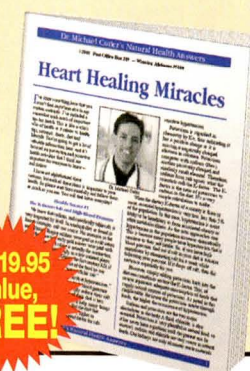
What's more, numerous studies show this all-natural wonder also reduces inflammation... helps thin blood... and helps prevent irregular heartbeat.

What's this remarkable alternative to statin drugs? It's omega-3 fatty acids!

So let me point out some valuable details of

how to naturally boost your levels of heart saving omega-3 fatty acids.

Just go ahead and send for your FREE copy of *Heart Healing Miracles* today! Just call 1-800-523-5593.



A \$19.95 Value, FREE!

**Before you fill a prescription for a blood thinner to help prevent a stroke or heart attack—you must know about this Japanese miracle remedy!**

While U.S. doctors administer dangerous and costly blood thinning drugs like



Coumadin® to help clear up blood clots before they lodge in your blood vessels and cause debilitating strokes, heart attacks and lung embolisms...

...The Japanese are using all natural foods to dissolve dangerous clots.

One particular favorite Japanese delicacy has a cheesy consistency—but what makes it powerful is the remarkable enzyme it contains. It's called nattokinase.

This amazing research was led by Dr. Hiroyuki Sumi. While testing 173 different foods, Dr. Sumi discovered that nattokinase—an enzyme that's common in many Japanese foods—has the uncanny ability to liquefy blood clots and prevent them from occurring in the first place.

I have a patient named Marti who experiences recurring pulmonary embolisms (clots to the lung). He's doing better, taking a combination of nattokinase and vitamin E, than he ever did on the drugs Coumadin® and Lovenox® shots!

U.S. researchers are now investigating the powerful healing effects of nattokinase—but they're coming up against some stiff opposition. From whom?

Well think about this: Nattokinase is an all natural food—it can't be patented. So drug companies have no vested interest in funding any of this research. What's more, can you imagine how many drug companies would go belly up if Americans knew about and started using this 25-year-old Japanese remedy for heart disease?

And while pharmaceutical drugs are loaded with dozens of nasty side effects, nattokinase has NONE.

I simply don't have enough room in this bulletin to tell you more about this

# The cold, hard facts about arthritis drugs!

**V**ioxx® was linked to over 160,000 cases of heart attacks and strokes in Americans between 1999 and 2004.

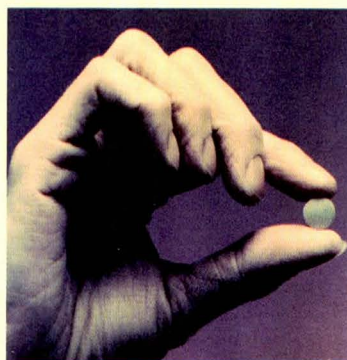
Of these cases nearly 100,000 people died unnecessarily!

According to *The Wall Street Journal*, taking Vioxx® for more than 18 months doubles your risk of heart attacks and stroke.

The medical journal, *Lancet*, reports Vioxx® users are more than three times as likely to develop heart problems.

Vioxx® and Pfizer's Bextra® are only two highly popular COX-2 inhibitor drugs temporarily pulled off the market. The third, Pfizer's Celebrex® is still available—and now contains a warning about HEART RISKS!

Over 84 million Vioxx® prescriptions have been filled. Untold numbers have

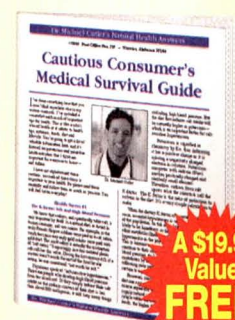


put their lives at risk EVERY time they took a pill!

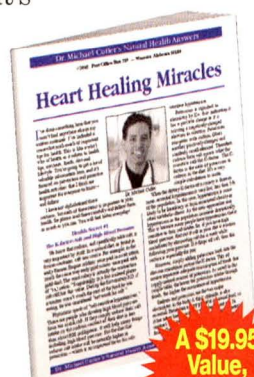
You can't trust drug companies to tell you the truth. That's why you must send for your FREE copy of *Medical Survival Guide*. In this exposé, you'll discover the real dangers of dealing

with the medical establishment. I rip the lid off the FDA and the drug companies' profit-producing conspiracies. I name the dirtiest dozen drugs and list the dangerous and deadly side-effects of the 100 best-selling drugs in America. And I give you an action plan to help you AVOID the next drug disasters!

Send for this MUST HAVE special report today! Just call 1-800-523-5593.



A \$19.95 Value, FREE!



A \$19.95 Value, FREE!

amazing heart remedy. But I'll give you all the details in your 3rd FREE report. It's called *The Cautious Consumer's Guide to Heart Healing Miracles*.

In this special report, you'll find out if nattokinase is the heart remedy you've been searching for. Plus, you'll discover scores of ways to prevent a heart attack or stroke.

For example...

- ▶ **The dietary staple that's now proven to lower C-reactive protein levels.** The good news is—survey reports of 3,920 eyewitnesses scientifically validates that it lowers your risk of heart disease by a whopping 50 percent. And the great news is—this natural food also lowers cholesterol levels too!
- ▶ **Better and safer alternative to Coumadin®.** Hint: It's not a drug—but it acts like one. And this multi-purpose nutrient is loaded with positive side effects!
- ▶ **Build stronger heart cells and fight off cardiovascular disease.** Just 100 milligrams (mg) a day does the job!
- ▶ **Sip your way to heart health.** Powerful Chinese remedy has proven history of preventing atherosclerosis and cancer!
- ▶ **Research study shows this garlic-based remedy slashes your risk of a stroke by a whopping 73 percent!** It works by preventing the oxidation of bad LDL cholesterol!
- ▶ **Double duty herb helps prevent irregular heartbeats and lowers blood pressure!** A must know heart remedy!

(Continued on next page...)

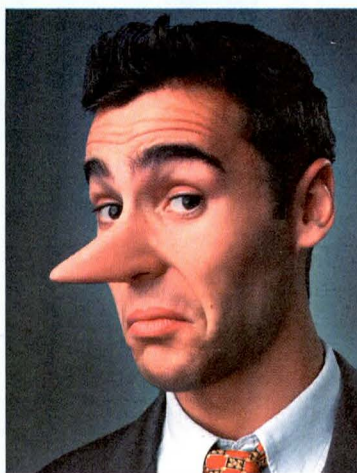
## Lies, lies, lies! CEO defends Merck on Vioxx® charges!

Excerpt from interview with Raymond Gilmartin, Merck's CEO.

**N**BC Chief Medical Correspondent Robert Bazell: "So, you're saying before September 30, 2004, there was no evidence of a cardiac risk in Vioxx®?"

Raymond Gilmartin: "We acted responsibly at every step of the way... September 30 was the first time we had good evidence."

**TRUTH:** *The Wall Street Journal* published memos showing company executives worried about cardiac risk as far back as 1996. Scientific articles concluded cardiac risk was apparent in Vioxx® five years ago!





- **At home remedy opens up clogged vessel for healthy blood flow.** 82 percent effective for preventing vascular disease, angina and atherosclerosis! And it's 300 percent safer than bypass surgery—and costs just pennies a day!
- **And much more!**

## 7-cent per day nutrient helps you clobber cholesterol—naturally!

You don't have to risk death just to lower your cholesterol. And you don't have to put up with a boatload of terrible side effects either!

Because now you'll discover a 7-cent nutrient that lowers your cholesterol *and* triglyceride levels too! What's more, this little-known nutrient helps reduce your risk of developing high cholesterol in the first place!

In fact, mountains of clinical research documents—dating back to 1955—prove this natural Godsend is not only safe but ultra effective too!

You would think your doctor would recommend it **FIRST** to help you naturally lower total and LDL cholesterol—especially since the *National Cholesterol Education Program* and the *American Heart Association* have acknowledged that it's a powerful cholesterol lowering remedy!

But don't hold your breath: Drug

"I have been a long time subscriber of your wonderful newsletter. Also, I strongly value your advice and informative insight about medical matters"

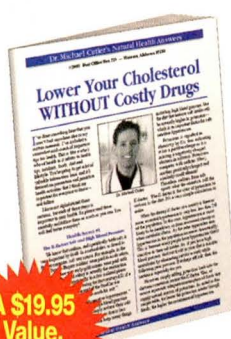
Harold O.,  
Scottsdale, AZ

companies don't make a penny when you lower your cholesterol naturally. They only profit when they convince your doctor to pump you full of outrageously expensive and potentially lethal drugs and keep you in their greedy pockets.

I won't let that happen to you! I'll name this affordable and highly effective cholesterol cure in a 4<sup>th</sup> FREE report I want to send you immediately. It's called *Lower Your Cholesterol WITHOUT Costly Drugs*.

Quite frankly, this is a **MUST HAVE** report if you're concerned about lowering your cholesterol. And it won't cost you a cent! Plus, you'll discover another little-known yet highly effective way to literally **FLUSH** cholesterol right out of your body!

It's a cholesterol-dissolving agent discovered from the Mukul tree in India.



A \$19.95  
Value,  
**FREE!**

This amazing wonder remedy lowers cholesterol and triglycerides by helping your liver metabolize the bad LDL cholesterol and flush it quickly out of your body. It's simply **PHENOMENAL**. And it couldn't be easier to use. Just take 25 mg three times a day—and you'll see your cholesterol levels go **WAY DOWN** in less than a few weeks!

All the details—including how to get your hands on this amazing nutrient—are in your **FREE** copy of *Lower Your Cholesterol WITHOUT Costly Drugs*!

## The real problem with antidepressants

(Hint: It's not just their deadly side effects!)

Like him or hate him, Tom Cruise was right about the devastating effects of antidepressants. On the *Today Show* with Matt Lauer, he spoke out against the wide use of mind-altering drugs such as Wellbutrin®, Serzone®, Remeron®, Luvox®, Effexor®, Celexa®, Zoloft® and Paxil®.

In U.S. schools, at least one-in-ten students are taking a psychoactive drug. That alone explains the rash of random acts of violence and senseless shooting sprees in high schools. In the summer of 2003, British regulators issued a warning for doctors to stop prescribing antidepressant drugs like Paxil® because they've been proven to increase **SUICIDE** in teenagers!

But did the doctors listen? **NO WAY!** These drugs are still being doled out like candy from a Pez dispenser!

## If you're taking powerful prescription drugs—you're putting your health—and your life on the line!

According to a 1998 article in the *Journal of the American Medical Association (JAMA)*, prescription drugs kill more than 106,000 Americans each and every year. And another two million experience severe reactions—and that's just from *properly prescribed* medications!

This "side effect" makes prescription drugs the sixth leading cause of death in America! Synthetic drugs get deep into the cells of your body and remain for years, setting off autoimmune disorders and contributing to many chronic illnesses and life threatening effects:



### ► Sular®.

This blood-pressure drug (a calcium channel blocker) — marketed by Bayer — is lethal. One trial found that patients with adult-onset diabetes who took the

drug had a 500% higher risk of heart attack than those taking an ACE inhibitor, another kind of blood-pressure drug. In fact, the danger was so great that investigators halted the trial, unwilling to continue prescribing Sular®.

Neither the manufacturer, the FDA or the American Diabetes Association warned the public about the risk or urged people to switch to more effective drugs.

► **Evista®.** When this estrogen therapy drug was given to laboratory mice, 38% developed ovarian cancer.

► **Ritalin® and Prozac®.** Tremors, disfiguring tics, and other signs of neurological impairment are reported in about 10% or more of patients taking the drugs, marketed by Ciba-Geigy Corp and Lilly.

► **Lipitor®.** A six-year clinical trial proved that Merck's cholesterol drug Zocor® can prevent heart attacks. Similar studies have never been completed for Warner-Lambert's Lipitor®, another cholesterol lowering drug. As a result, there's no way to know whether it prevents heart attacks or not.

Yet the heavily marketed Lipitor® is prescribed twice as often as Zocor® and 10 million people have taken it.



If these deadly side effects weren't horrifying enough—there's an even bigger problem with leading antidepressants...

...Over half the drug company studies through the 1990's showed antidepressants are NO MORE EFFECTIVE THAN SUGAR PILLS! In other words, they just don't work!

But drug companies don't want you to know this. And they're spending millions to bury this fact—but I'll always give it to you straight!

The truth is: While depression in young and older folks has more than tripled since the 1980's—most of these people are being treated for the WRONG illness. Because, in most cases...

### It's not depression— it's a nutrient deficiency!

From my personal experience, I can tell you this: Nearly half of the people suffering from depression today can be cured if their doctors treated their real problem—an amino acid deficiency!

In my practice, I've found that patients suffering from depression have dangerously low levels of critical amino acids—and when you get their amino acid levels back to normal, the stress... anxiety... and depression nearly VANISHES!

But I will warn you now. This one remarkable remedy is not a perfect cure—it's only proven to work for over 50% of the patients who've tried it. But wouldn't you rather try one 50% effective, all-natural cure instead of a prescription drug loaded with death-dealing side effects—with nearly ZERO chance of curing your illness? I sure hope so...

...Because I'll name this remarkable amino acid booster in your 5<sup>th</sup> FREE report called *The Cautious Consumer's Guide to Beating Depression Naturally!*

In *Beating Depression Naturally*, you'll discover how this amino acid remedy also helps you...

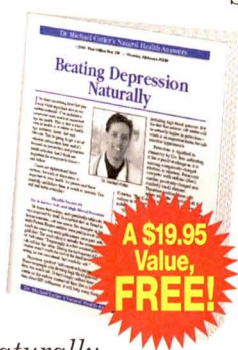
► **Relieve stress in record time!**

Experience the natural calmness that comes with getting your body back in synch.

► **Wipe out anxiety.** Settle frayed nerves and keep your thoughts on a positive track.

► **Boost healthy body and brain activity.** Experience total well-being and renewed energy!

► **And much more!**



### ✓ Easy Health Tip # 67

## Boost your eye health —and protect your precious vision!

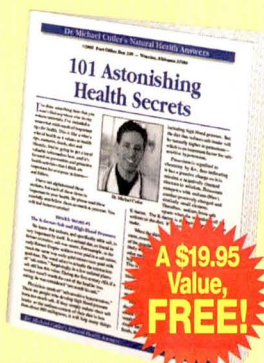
If you've never tried collard greens—a popular southern delicacy—I recommend you get a plateful real soon. Why?

Because collards are not only tasty when prepared properly, they're also a rich source of lutein—a powerful antioxidant for your eyes.

Numerous research papers—including a University of Maryland study printed in the *Journal of Agricultural and Food Chemistry* show that lutein-rich collards can help reduce the risk of age-related macular degeneration—a common cause of blindness.

Besides collards, you can also find disease-fighting antioxidants in other dark-green leafy vegetables, including kale and spinach.

*101 Astonishing Health Secrets* gives you scores more simple and easy to use health tips! Get your FREE copy today. See page 16 for ordering instructions.



## Men are still dying for sex!

On a beautiful May morning in Visalia, CA, 65-year-old Mike Howorth woke up at 5:00 a.m. planning to surprise his wife. Mike had been suffering from bouts of impotence and he had just obtained a prescription from his urologist for Viagra®.

Shortly after the couple were both sexually fulfilled, Mike began shaking and passed out. He died two days later of cardiac arrest and brain damage.

Other men were more fortunate than Mike. After taking their sex pills, their only "side effects" were strokes, non fatal heart attacks and extremely painful erections that lasted for hours—even days!

## Nature's alternative to sex-killing drugs

I strongly believe that an earth-shaking orgasm is one of the best medicines ever invented. A healthy sex life keeps your heart young... jump starts your immune system... protects you from disease... lifts your mood... reduces stress... and "plain ole" feels wonderful! But you can restore your libido and sexual function without risking your life! For example...

...In a remote village in southern China, there was a goat herder who was known for having very sexually feisty goats. In fact, his goats were insatiable. They had the inclination and the ability to mount and rut ewes numerous times a day.

The goat herder noticed that when the goats chewed on a certain patch of weeds, they quickly became sexually aroused and unbearably potent for hours at a time.

A Chinese herbalist studied the weeds and discovered it was a potent male aphrodisiac. The botanical name is called *aceranthus sagittatum*—but you can find it in health food stores by the name, "Horny Goat Weed."

In your FREE copy of *The Cautious Consumer's Guide to Sexual Healing*, I'll tell you more about this proven potency herb—plus I'll show you the best way to help it work for you—every night!

Plus, in *Sexual Healing*, you'll also discover:

- **The herbal remedy known as "rompe calzon"—Spanish for "bust your britches."** This ancient aphrodisiac has the reputation of creating erections so hard they nearly tear trouser fabrics!
- **What's really wiping out your sex drive!** Surprising and hidden illnesses that zap your libido.
- **Release locked up testosterone for a burst of sexual energy!** Remarkable oat plant extract works wonders!
- **Snack on this for peak sexual performance!** Ordinary treat packs a powerful punch for prostate health!
- **And much more!**

## Claim your FREE Consumer Guides NOW!

For a limited time, I'm sending ALL of these valuable, life-saving reports to you absolutely FREE—just for accepting a risk-free trial of my monthly health watch advisory, *Easy Health Options!*

When I discovered the natural remedies that work better than most prescription drugs, I immediately began sharing them with my patients. But that just wasn't good enough. I wanted everyone to know how to protect themselves from dangerous prescription drugs and needless surgeries. That's why I began writing my newsletter, *Easy Health Options*.

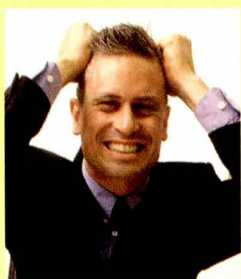
That's exactly what I bring to my readers: Easy health solutions for your illness or health problem. And that's only the beginning...

(Continued on next page...)



## Help for hair loss!

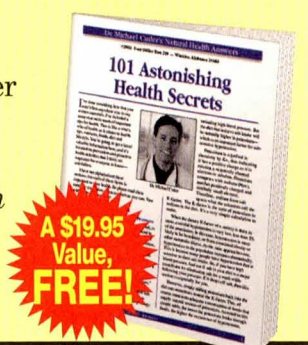
**Y**ou probably know the prescription drug Rogaine® can help retard hair loss, but did your doctor ever tell you about cayenne pepper?



It's been used in Asia for centuries to help men and women keep and grow healthy locks—and it's so simple:

Just rub the pepper and water mixture onto your scalp and leave it there for 15-20 minutes. Then wash your scalp—and your hands—thoroughly.

You'll get the exact combination of water and pepper to use in your **FREE** copy of *101 Astonishing Health Secrets!* See page 19 for mailing instructions.



Every month, I help you use Nature's cures to increase your mental sharpness, lower your blood pressure, banish back pain without drugs or surgery, get relief from arthritis pain, lose weight permanently (without starving), increase your energy levels, "turn back the clock" and look and feel 20 years younger and much, much more.

I also bring you the latest research on nutrition, exercise, home remedies, massage, and a host of other natural therapies that can make your life healthy and pain-free.

In fact, if you were regularly reading *Easy Health Options*, here's what you would've discovered recently:

- ▶ **Slash your risk of Alzheimer's—with a three cent nutrient!** Study published in *Neuropsychology* shows you how to put the odds in your favor!
- ▶ **Why flossing your teeth is not just good for your gums!** Studies show it can lower your risk of arthritis and even heart disease!
- ▶ **Remarkable tomato-based nutrient reduces fibroid tumors!** Researchers from *Firat University in Turkey*, the *University of Maryland* and *Wayne State University* prove it!
- ▶ **Surprising relief for asthma sufferers.** Study published in the *Proceedings of the National Academy of Sciences* show that just inhaling this wonder nutrient helps

# Toxic Emotions:

## Is your attitude boosting your cancer risk?

**Y**ou probably know the normal risk factors for cancer: Smoking, heredity and diet. But did you know your attitude can also give you cancer?

Numerous studies are showing a direct relationship between how you deal with day-to-day pressures and cancer rates. This shows that stress has the power to alter and even break down your immune function. For example,

One study found that cancer of the cervix occurred most often in women who were hopelessly frustrated over a stressful situation.

In another study of over 3,000 German women found the incidence of breast cancer highly correlate with one or more significantly stressful life events.

Yet another study of 939 men ages 65 to 85 years of age revealed that experiencing higher levels of anger, anxiety and depression significantly increased their cancer risk.

In your **FREE** copy of *Cancer Prevention and Treatment*, you'll discover easy steps to conquer toxic emotions before they wreak havoc with your health. You'll



also discover scores of simple ways to cancer proof your body. For example:

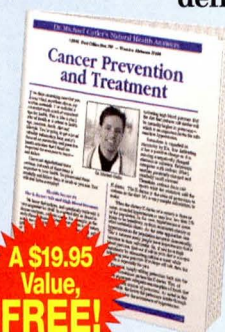
If cancer runs in your family—don't worry. According to 40 years of data summarized by *The China Study*, genetics accounts for only 3% of cancer cases. 97% of cancers are caused by... (A surprising conclusion is revealed in your **FREE** report!)

- ▶ **Slash your risk of developing gastrointestinal cancer.** A surprising study from the U.S. and Norway reveals simple secret!
- ▶ **The #1 nutrient now proven a bona fide cancer killer!** A study of 11,000 patients shows it clobbers most cancers. Are you taking it?
- ▶ **The hidden—and very common—deficiency that increases your chances of getting cancer.**

A 12-year follow up study showed at-risk patients who made simple dietary changes **LOWERED** their cancer risk and lived longer!

- ▶ **And much more!**

Send for this life saving report today! Details on page 15.



prevents attacks.

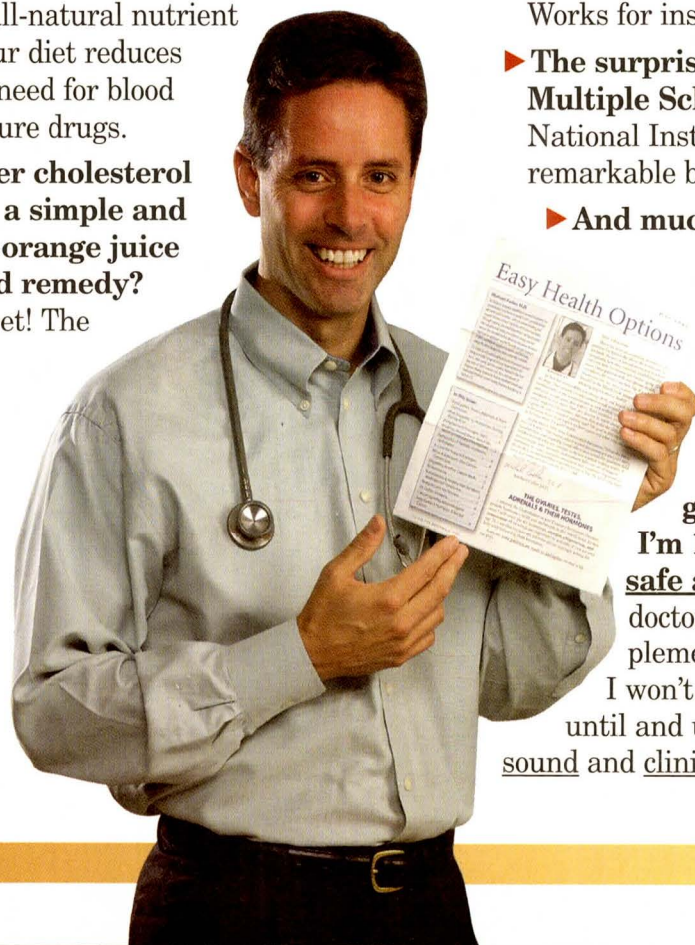
- ▶ **Cut your dosage for blood pressure medicine in half!** A double blind, placebo-controlled study shows adding this all-natural nutrient to your diet reduces your need for blood pressure drugs.
- ▶ **Lower cholesterol with a simple and easy orange juice based remedy?** You bet! The

study published by the American Heart Association proves it works!

- ▶ **Age old and nearly forgotten remedy speeds up healing of most wounds.** Works for insect bites and bee stings too!
- ▶ **The surprising link between Multiple Sclerosis and sunshine!** National Institutes of Health reveal remarkable breakthrough study!
- ▶ **And much, much more.**

### What you can expect from *Easy Health Options!*

**FIRST:** I'll never suggest any treatment until I'm **100% convinced** it is both **safe and effective:** Unlike other doctors who simply repeat supplement company press releases, I won't recommend any treatment until and unless it is scientifically sound and clinically tested.





# Is it just heartburn...Or a deadly HEART ATTACK?



**T**he symptoms for a heart attack and heartburn are so similar most people confuse the two. If you're in doubt, I recommend you go to a doctor and have yourself checked out. But here are some tell tale signs to watch out for:

## It might be a heart attack if you:

- ✓ Experience discomfort in the center of the chest that lasts more than a few minutes. Or it may go away and come back
- ✓ Feel uncomfortable pressure, squeezing fullness or pain in chest area

- ✓ Experience discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, neck, back, jaw or stomach
- ✓ Have shortness of breath. This may occur with or without chest discomfort
- ✓ Break out in cold sweat, experience nausea or lightheadedness

## It's probably heartburn if:

- ✓ You experience an uncomfortable feeling behind the breastbone radiating to the middle of your back
- ✓ Pain occurs right after meals
- ✓ Fatty, spicy, or high sugar meals on an empty stomach trigger pain
- ✓ Pain goes away when you take medicines that eliminate acid

## When heartburn is a warning sign for a serious health problem

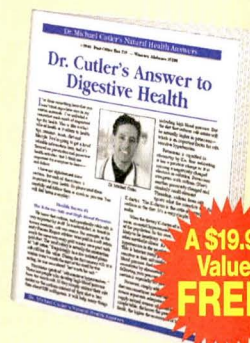
If you're experiencing the following symptoms along with heartburn, see a doctor immediately:

- ✓ Unexplained weight loss
- ✓ Food gets stuck in your chest on the

way down

- ✓ Vomiting blood
- ✓ Black stool—a sign of internal bleeding
- ✓ Hurts when you swallow
- ✓ Run a fever

In your FREE copy of *Dr. Cutler's Answer to Digestive Health*, you'll discover how taking digestive enzymes at the end of your meal along with a little known—but highly effective digestion aid can help you reverse most stomach acid disorders.



**A \$19.95 Value, FREE!**

In fact, most patients experience dramatic relief within a few weeks. And this remarkable nutrient is all natural—with no nasty side effects to deal with!

I'll name this amazing—and simple-to-use nutrient in your FREE report. And I'll show you how to start using it today for genuine relief! Just call 1-800-523-5593 to quickly get this FREE report in your hands!

**SECOND: I'll never leave you wondering what to do:** I'll tell you precisely which natural substances work for your condition ... which brands are generally the most reliable... how much I recommend taking—and when to take it... what you should expect... and when you can expect results.

**THIRD: I'll never leave you wondering what's best to treat your condition:** When there is more than one safe, natural way to treat your condition, I'll tell you which has proven most effective for the greatest number of people over the longest period of time.

Plus, becoming a subscriber means you are a member of the *Easy Health Options* family and are welcome to reach me by fax, e-mail or letter anytime. I want to know your thoughts and concerns. And, I'll do my best to answer your questions every single month.

In short...

**I'll introduce you to drug-free cures that really work or my advice will cost you NOTHING!**

Please—don't take my word for it—see it for yourself.

Just mail the enclosed Order Form or call TOLL FREE 1-800-523-5593 today, and I'll rush you up to 14 FREE timely and life-saving reports immediately along with your first issue of *Easy Health Options*.

Then, just sit back and let me help you to discover the easy ways to better health... vibrant energy performance... and greater satisfaction in your life.

Here's my promise to you:

- ▶ **I will save you from at least one unnecessary doctor visit—and one unnecessary prescription in the next 12 months.** That means I'll save you time. It also means you'll save many times the cost of your subscription. *If not, call or write me and I'll rush you a full refund.*
- ▶ **I will protect your heart.** I'll give you new ways to shield yourself from America's #1 killer. You'll discover how to lower your blood pressure... slash your cholesterol levels... and fight off deadly inflammation to keep your heart pumping strong for decades to come!
- ▶ **I will bring you 100% proven, effective, drug-free ways to prevent future illnesses and reverse conditions**

(Continued on next page...)

## ✓ Easy Health Tip # 52

## Fruit remedy gives quick relief to gout sufferers!

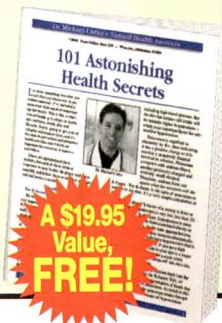
**I**f you've ever had a case of gout—I'm sure you want to do everything possible to keep from experiencing that pain again, right?



Most doctors treat this illness (which is caused by an accumulation of needle-like crystals of uric acids in joints, especially in the big toe) with powerful drugs such as Allopurinol®, Colchicine® and Probenecid®. But many of my patients are experiencing remarkable relief just by eating cherries!

That's because cherries, Hawthorn berries, blueberries and other dark berries contain bioflavonoid molecules that help prevent gout attacks.

Get all the details—including the specific types of cherries and the amount to eat for relief—in your FREE copy of *101 Astonishing Health Secrets!* See page 16 for details.



**A \$19.95 Value, FREE!**



# The hidden cause of most diseases in America

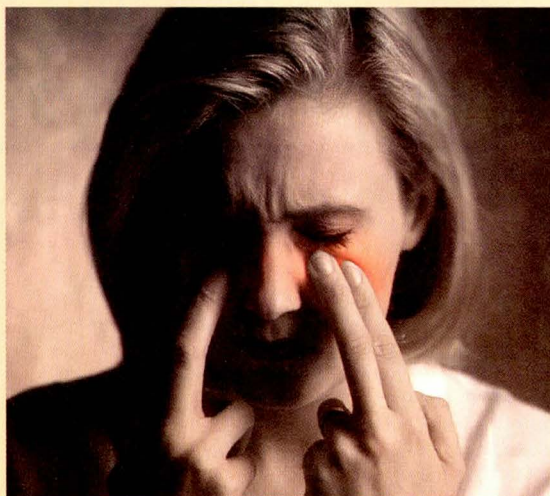
**I**t's allergies. Now, you're probably thinking, "Oh come on doc, how can allergies cause heart attacks, strokes, arthritis, diabetes and a host of other serious health problems?" Well, here's the surprising truth:

Allergies come in a variety of symptoms and chronic diseases, yet they are all manifestations of an immune system on fire. The fuel that keeps your immune system on fire is triggered by what you put in your mouth to begin the digestion process.

When you have healthy digestion, the linings of your intestines prevent unhealthy food molecules from alerting antibodies to trigger an immune response by your body.

But if any part of the digestion process breaks down... if you aren't eating the right foods... if your body doesn't digest the nutrients properly... if nutrients aren't properly assimilated in your body... if your cell membranes and intracellular organelles don't utilize nutrients well... if your liver doesn't properly detoxify dangerous chemicals... or if you don't properly eliminate toxic waste...

...Then you automatically set off an internal allergic reaction. External



symptoms can include a runny nose, itchy throat or even unexplainable fatigue. But internally, your body is attacking itself—and setting the stage for autoimmune conditions such as:

- ✓ Arthritis
- ✓ Eczema
- ✓ Asthma
- ✓ Ulcerative colitis
- ✓ Crohn's disease
- ✓ Chronic Fatigue Syndrome
- ✓ Lupus
- ✓ Fibromyalgia
- ✓ Graves disease and Hashimoto's thyroiditis

- ✓ Diabetes Mellitus
- ✓ Multiple Sclerosis
- ✓ And over three dozen more illnesses!

In my practice, I've seen patients reverse a chronic disease such as diabetes or arthritis just by treating allergies with all natural remedies.

In your FREE copy of *How to Spot Hidden Health Problems*, you'll discover the easy remedies to prevent triggering allergies. For example:

Take this miracle digestion aid before eating to ward off allergy triggers. No, it's not an over-the-counter drug!

Undo the damages of poor digestion—two miracle nutrients work wonders!

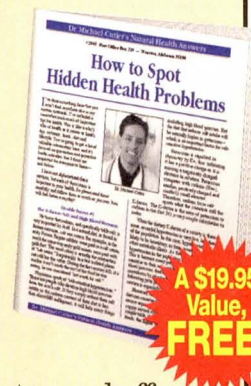
The no-drug, no-vitamin, no-herb remedy for healthy digestion. You can use this special therapy—starting with your next meal!

The bacteria that's actually GOOD for you! Your gut will thank you for it!

Plus, in your FREE report, you'll discover how just four drops of an all-natural nutrient can restore your natural body pH balance and kick start your body back to health!

And much, much more!

**It's all in your FREE report. Just call 1-800-523-5593 to receive your copy during this limited time offer!**



**you may currently have.** *If I ever fail you, just tell me—I will send you a full refund no questions asked.*

- ▶ **I will alert you to health scams and dangerous drugs that would otherwise harm you or your loved ones.**

Even if it means sending out special alerts or bulletins, I will do so to protect you and your loved ones. *If I ever fail to get this all-important information to you, please tell me and I will gladly refund your subscription.*

- ▶ **I will be there for you when you need me:** As a member of *Easy Health Options*, you can contact me by fax, letter or e-mail with your concerns. Either a member of my staff or I will give you a prompt answer. If your questions would benefit other members, I will address them (while maintaining your confidentiality, of course) in future issues of the newsletter. *If I ever fail to do so, just let me know and I'll rush a full refund to you.*

...Moreover, you must be absolutely delighted with everything we do together in

*Easy Health Options*—or 100% of your money will be returned to you—no explanations needed and no questions asked. Can I be any fairer than that?

## This should be an easy decision for you...

Please remember when you decide to give *Easy Health Options* a try during this limited time offer:

- ▶ You save HALF off your subscription price. That's a savings of \$39 on one year and \$87 on two years...
- ▶ You get up to 14 FREE special reports—and you can keep them whether or not you decide to continue with *Easy Health Options*.
- ▶ And you get total confidence the natural remedies I give you will be safer, cheaper and gentler than what you're using now. And if you're ever dissatisfied, you can cancel anytime—right up to the last day of your membership—and you still get to keep everything I send you along with a

full refund.

Bottom line: You have absolutely nothing to lose—and EVERYTHING to gain by giving *Easy Health Options* a try. It's what I call the ultimate win-win situation!

I look forward to welcoming you aboard.

Yours for natural healing made easy,

*Michael Cutler M.D.*

**Michael Cutler, M.D.**

**P.S.** If you're currently taking prescription drugs, it's even more critical for you to subscribe to *Easy Health Options*. Why? Because quite frankly, the next issue may have the natural alternative that can help wean you off the dangerous drug and experience natural, vibrant living! Please don't wait another day. In fact, when I hear from you within the next 10 days, you'll receive 3 additional FREE gifts for your prompt reply. See page 18 for details.



# If you know the value of a buck, you'll DEFINITELY want to read this...

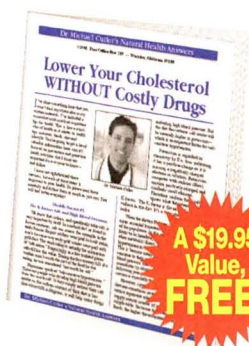
Signing up now for two years of *Easy Health Options* really is the best value for your money!

For one thing, you'll save \$69 and lock in your savings for two full years. You'll get at least 24 visits from me — plus special alerts or bulletins when there's a need to alert you about fast-breaking health news.

Plus, as a two-year member, you get *Medical Survival Guide, Freedom from Arthritis Pain* and *Heart Healing Miracles* —plus 4 extra gifts, FREE:

## FREE Gift #4: Lower Your Cholesterol WITHOUT Costly Drugs

This is a MUST HAVE report if you want to lower your cholesterol without using dangerous drugs. You'll discover the cholesterol-dissolving Indian remedy that flushes cholesterol right out of your body. Plus, I'll introduce you to the seven cent all natural nutrient —that's been clinically tested for over 50 years—and proven profoundly effective at lowering your cholesterol. Your doctor still doesn't know about it—but you will after you get your hands on this report!



## FREE Gift #5: The Cautious Consumer's Guide to Beating Depression Naturally

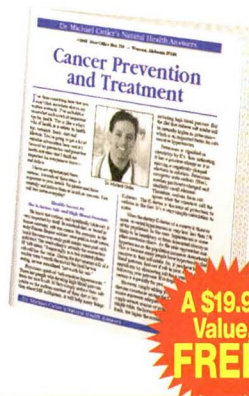
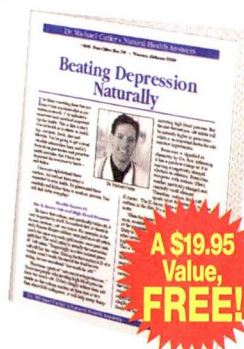
The cold, hard truth about most depression drugs is they don't work! That information comes directly from studies funded by drug companies! But that doesn't stop doctors for writing prescriptions for mind altering drugs like Paxil®, Zoloft®, Celexa®, Luvox®, Remeron®, Serzone® and Wellbutrin®.

It's time you knew about a better alternative—rather than having it keep resurfacing, only to find yourself looking for a different drug—and I'll give it to you straight in this heart-energizing special report!

You'll discover why most people don't have depression—but a simple vitamin deficiency that can treat and even cure your symptoms. Get the whole truth—so you can make the right—and best decision for you!

## FREE Gift #6: The Cautious Consumer's Guide to Cancer Prevention and Treatment

Over 40 years of data published in 2005 by *The China Study* came to a staggering conclusion: Genetics ultimately accounts for only about 3% of cancer cases. That means cancer can be prevented—and



even reversed by simple and easy lifestyle changes!

In this special report, you'll discover cancer beating remedies and revolutionary therapies that slash your risk of developing cancer by 50% or more! For example:

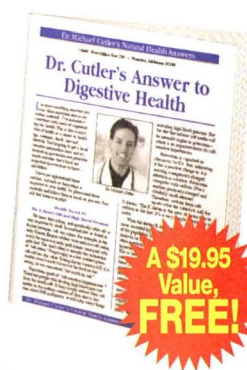
- ▶ **The one common food that QUADRUPLES your risk of developing prostate cancer!** A 2001 Harvard review of 23 studies, confirm it!
- ▶ **NOT eating this food boosts your risk of colon cancer.** Landmark paper published 30 years ago reports how to wipe out this cancer threat!
- ▶ **How to prevent toxic emotions from giving you cancer!** Research shows patients who did this one simple thing survived longer and beat cancer!
- ▶ **Easy cancer-fighting bath!** Add in these two common ingredients to create a powerful anti-cancer remedy.
- ▶ **Why depressed people get cancer.** Discover powerful connection—and how to break it!
- ▶ **The little known truth about chemotherapy.** What every patient MUST know.
- ▶ **And much more!**

## FREE Gift #7: Dr. Cutler's Answer to Digestive Health

If you experience frequent gas, belching, diarrhea, constipation or other serious digestive disturbances, this report can save your life—and probably save you some embarrassing moments!

A healthy digestive tract is the #1 way to prevent illnesses and stay healthy well in to your 90's. I know from personal experience how miserable it is when your digestion system doesn't work properly. I'm still dealing with the effects of unnecessary surgeries and

(Continued on next page...)





ineffective drugs I used to treat my digestive illness. I never want that to happen to you!

That's why I want every one of my readers to get the latest research and information, as well as tried and true remedies to help you conquer digestion problems and disorders. In this special report, you'll discover:

- ▶ **The hidden cause of most ulcers**—and the NON-surgical remedy that works wonders!
- ▶ **The chocolate remedy that works for GERD**, plus three more surprising and effective therapies!
- ▶ **A simple and natural relief for stomach acid build up**. Feel dramatic relief in record time!
- ▶ **How to flush out digestive waste—and fight off colon cancer**. Simple step-by-step remedy in your FREE report!
- ▶ **And much more!**

### FREE Gift #8: *Cautious Consumer's Guide to Sexual Healing*

Sex is one of the best natural medicines ever invented. But if you're having problems with low libido and sexual dysfunction—you don't have to resort to dangerous sex drugs that kill! Not when there's a host of natural remedies that work—and fast!

In this special report, you'll discover how to use a Chinese herbal remedy that boosts desire and PERFORMANCE—starting with the first dosage!

Plus, you'll discover worldwide remedies—for men and women—to get your sex life back on track.

What's more, you'll discover hidden illnesses that can quickly wipe out your sex drive—and the natural remedies to cure them!

This tastefully written report gives you all the sexual ammo you need to set off fireworks well into your 90's! Don't delay. Supplies are limited!

### FREE Gift #9: *Cautious Consumer's Guide to Diabetes Prevention and Relief*

Is there really a miracle herb that can help you throw away your insulin needles? If you're suffering from Type 2 diabetes—yes there is!

So don't believe it when doctors tell you that diabetes can only be "managed" with lifelong bondage to prescription drugs like Glucophage.

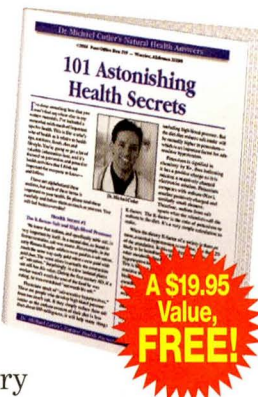
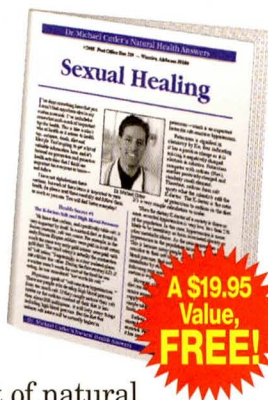
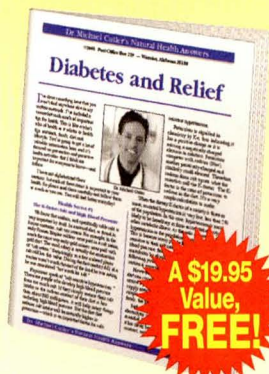
In this special report, you'll discover an age old Indian diabetic herb that actually regenerates pancreas cells. In one study, patients raised their natural production of insulin and maintained normal blood sugar levels—without drugs! This is a godsend for diabetics. And I'll name this remarkable herb—and show you how to use it in your FREE report!

### And when I hear from you within the next 10 days, you'll also get this FREE gift!

I know you're a busy person, so to encourage you to make the best choice in your health, I want to send you a 10<sup>th</sup> FREE gift, just for responding quickly.

**101 Astonishing Health Secrets**—Safe and effective remedies and healing therapies for over 101 common health problems. They're easy to use and most are found around the house or at your local grocery store. For example...

- ▶ **Soothe painful cuts and scrapes—with ordinary sugar:** Next time your grandchild scrapes her knee, forget the band-aid—just grab the sugar! Applying this age-old remedy directly to a scrape or cut stops the bleeding quickly, kills bacteria and speeds up healing, often with little or no scarring.
- ▶ **Ultimate prevention for prostate cancer!** Studies involving thousands of men show that just one daily serving of [remarkable healing food named in your report] slashes your risk of prostate cancer by a whopping 70 percent!
- ▶ **Fight baldness—with apples?** Japanese research shows this apple-based compound increases the number and thickness of hair shafts—in just six months!
- ▶ **Surprising cure for snoring.** No drugs, no vitamins, no kidding! And it's practically FREE and easy to do!
- ▶ **And many more easy remedies—from Acne to Zinc supplements!**



## 2 FREE Special Gifts for Phone Orders

When you call 1-800-523-5593 within the next 10 days, you'll also receive a FREE copy of:

### FREE GIFT: *How to Spot Hidden Health Problems*

The truth is, disease doesn't happen instantly. Your body constantly sends out warning signs of a potential health problem. The problem is most people don't know how to detect these signals early enough to do anything about them.

In this special report, you'll discover how to spot your body's S.O.S. signals to treat and even REVERSE health problems. For example:

- ▶ **How to tell if bleeding gums are an early warning signal—for heart attack!**
- ▶ **Brown spots on your lips may look like innocent freckles—or a red flag for internal bleeding!**
- ▶ **Weak fingernails with distinctive ridges on the nail beds?** Classic sign of a common—yet often misdiagnosed health problem!
- ▶ **Is the tip of your tongue red?** Then, you probably toss and turn all night! I'll give you proven sleep aids in your FREE report!
- ▶ **And much more!**

### FREE GIFT: *Directory of Medical Doctors Who Practice Natural Medicine In Your Area*

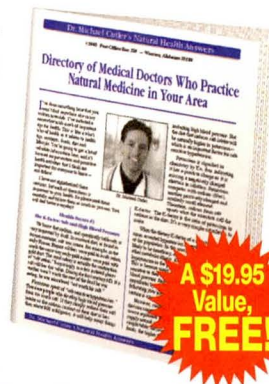
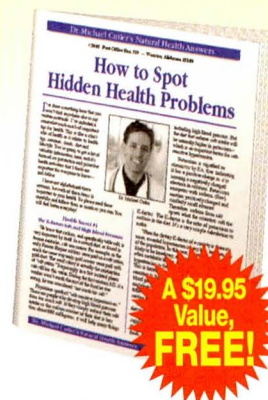
One of the biggest frustrations my readers have is not being able to consult with their doctors on natural medicines.

That's because most medical doctors don't have the training and experience to help you use complementary medicines. That's why I've compiled a list of top-notch medical professionals who understand and use natural therapies in their practice.

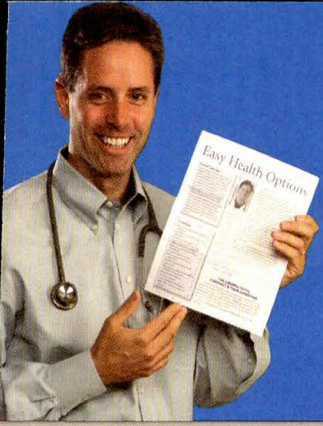
And now you can—with a flip of a finger—find one right in your neighborhood!

So, if you're frustrated about finding a doctor or moving to a new area—don't worry, you can find the right doctor to help you stay on your path to natural healing!

This special report is a MUST HAVE—and feel free to share it with your family and friends!







# May I send you this entire Cautious Consumer's Healing Library—ABSOLUTELY FREE?

Get the entire collection—up to 17 FREE Healing Reports when you agree to try *Easy Health Options* today!

## With your 1-year FREE NO-RISK Introductory Subscription, you get:

- ▶ **FREE HEALING REPORT #1:** *Cautious Consumer's Medical Survival Guide*—valued at \$19.95—yours FREE!
  - ▶ **FREE HEALING REPORT #2:** *Cautious Consumer's Guide to Freedom from Arthritis Pain!*—valued at \$19.95—yours FREE!
  - ▶ **FREE HEALING REPORT #3:** *Cautious Consumer's Guide to Heart Healing Miracles*—valued at \$19.95—yours FREE!
- That's a value of \$59.85—yours FREE!**



## For even more savings—and more FREE gifts, why not try a 2-year No-RISK subscription! You get:

- ▶ **FREE HEALING REPORT #4:** *Lower Your Cholesterol WITHOUT Costly Drugs*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #5:** *Cautious Consumer's Guide to Beating Depression Naturally*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #6:** *Cautious Consumer's Guide to Cancer Prevention and Treatment*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #7:** *Dr. Cutler's Answer to Digestive Health*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #8:** *Cautious Consumer's Guide to Sexual Healing*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #9:** *Cautious Consumer's Guide to Diabetes Prevention and Relief*—valued at \$19.95—yours FREE!



**Savings total for all 9 special reports: \$179.55. You pay ZERO!**

**Plus—include the FREE Healing Report coupon on the next page with your order or mention it when you call and get 5 extra special reports!**

- ▶ **Special Bonus FREE HEALING REPORT #10:** *Cautious Consumer's Guide to Permanent Weight Loss*—valued at \$19.95—yours FREE!
- ▶ **Special Bonus FREE HEALING REPORT #11:** *Cautious Consumer's Guide to Avoiding Hormone Hazards*—valued at \$19.95—yours FREE!
- ▶ **Special Bonus FREE HEALING REPORT #12:** *10 Nutrition & Lifestyle*
- Secrets for Eagle Eye Vision*—valued at \$19.95—yours FREE!
- ▶ **Special Bonus FREE HEALING REPORT #13:** *Freedom From High Blood Pressure*—valued at \$19.95—yours FREE!
- ▶ **Special Bonus FREE HEALING REPORT #14:** *The Secret to Endless Energy*—valued at \$19.95—yours FREE!



**The savings keep racking up! All 14 special reports normally cost \$279.30.**

**But they're yours FREE during this special introductory offer!**

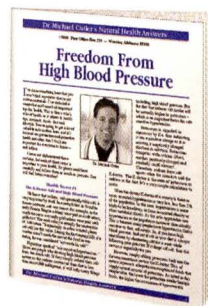
**Turn the page for your FREE Healing Report coupon and details on how you can receive 3 MORE Healing Reports—FREE!**



## FREE Healing Report Coupon

# 5 Additional Healing Reports— Yours FREE!

Include this special coupon with your order or mention it when you call—and get 5 FREE Healing Reports with your two-year order—that's a total of 17 reports to complete your Cautious Consumer's Medical Library!



► **Special Bonus FREE HEALING REPORT #10:** *Cautious Consumer's Guide to Permanent Weight Loss*—valued at \$19.95!

► **Special Bonus FREE HEALING REPORT #11:** *Cautious Consumer's Guide to Avoiding Hormone Hazards*—valued at \$19.95!

► **Special Bonus FREE HEALING REPORT #12:** *10 Nutrition & Lifestyle Secrets for Eagle Eye Vision*—valued at \$19.95!

Total Value  
\$99.75—  
**YOURS FREE**  
with this  
coupon!

► **Special Bonus FREE HEALING REPORT #13:** *Freedom From High Blood Pressure*—valued at \$19.95!


► **Special Bonus FREE HEALING REPORT #14:** *The Secret to Endless Energy*—valued at \$19.95!

Just mention this coupon when you call or include it with your order and receive these 5 healing reports—absolutely FREE with your two-year order!

coupon code: CLAC

## Respond within 10 days—and get up to 3 MORE FREE GIFTS!

► **Early Bird Gift #15:** *101 Astonishing Health Secrets*—valued at \$19.95—yours FREE!

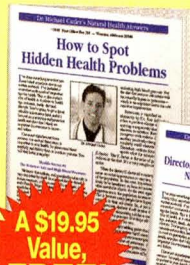
 **With your phone in order, you get:**

► **Early Bird Gift #16:** *How to Spot Hidden Health Problems*—valued at \$19.95—yours FREE!

► **Early Bird Gift #17:** *Directory of Medical Doctors Who Practice Natural Medicines In Your Area*—valued at \$19.95—yours FREE!



A \$19.95  
Value,  
FREE!



A \$19.95  
Value,  
FREE!



## GRAND SAVINGS: A whopping \$339.15 when you act NOW!





**"I've seen lives devastated by bad medicine. I was one of the victims and I NEVER want it to happen to you. Here's my personal promise to you."**



In each and every each issue of *Easy Health Options*, I show you how to:

- ✓ Safely get off dangerous drugs
- ✓ Experience genuine healing—not just mask your health problems
- ✓ Show you step-by-step how to use natural remedies for optimal health
- ✓ Help you restore wellness—and prevent future health problems
- ✓ Get to the real cause of your illness—not just mask your symptoms
- ✓ Discover safer alternatives to dangerous prescription drugs and surgeries
- ✓ Feel better and experience abundant energy!

If at any time you are not 100% completely satisfied with *Easy Health Options*, just cancel your subscription and get a FULL refund! Can I be any fairer than that?

And of course, all of the Healing Reports you receive are yours to keep—as my way of saying thanks for giving *Easy Health Options* a fair try.

*Michael Cutler M.D.*

**For fastest service call toll-free:  
1-800-523-5593**

**Ordering Easy Health Options is as easy as 1... 2... 3!**

**By phone—for FASTEST service!**  
Just call 1-800-523-5593 to guarantee you'll receive all your FREE gifts! Please have credit card handy.

**By Mail.** Just fill out the order form and mail it back in the postage-paid envelope provided to:  
Easy Health Options, P.O. Box 3703, Hueytown, AL 35023.

**By Fax.** Just fill out the order form and fax BOTH SIDES to: 1-800-941-6954. Our fax line never sleeps! So you can fax your order 24 hours a day, 7 days a week!

# FREE GIFT ORDER FORM

## For New Members

**Save 50% • PLUS UP TO 17 FREE GIFTS worth \$339.15 • 100% GUARANTEED**

☐ **YES!** Dr. Cutler, I want to avoid dangerous drugs and unnecessary surgeries—and discover easy, safe and effective natural remedies for my health problems! Sign me up for **EASY HEALTH OPTIONS** today. Please rush me my FREE gifts. I understand this is a 100% RISK-FREE offer! I want to enroll as follows:

☐ **BEST VALUE**—TWO years (24 issues) just \$69. I save nearly half off the regular price. Plus, I'll also receive the following healing reports, FREE:

- ▶ **FREE HEALING REPORT #1:** *Cautious Consumer's Medical Survival Guide*—valued at \$19.95—yours FREE!
- ▶ **FREE HEALING REPORT #2:** *Cautious Consumer's Guide to Freedom from Arthritis Pain!*—valued at \$19.95—yours FREE!
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☐ As a two-year subscriber, I am enclosing my bonus coupon for 5 extra special reports!

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☐ **STILL A GOOD VALUE**—One year (12 issues) for just \$39—a savings of HALF OFF the regular price. In addition, I'll also get these FREE Healing Reports:

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- ▶ **FREE HEALING REPORT #3:** *Cautious Consumer's Guide to Heart Healing Miracles*—valued at \$19.95—yours FREE!

☐ **EARLY BIRD GIFT—WHEN YOU RESPOND IN THE NEXT 10 DAYS!**

Yes! I'm responding immediately! Rush me my FREE Healing Report:

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# The Great Prescription Drug Holocaust of 2006!

**SPECIAL  
ALERT ISSUE!**

**Vioxx<sup>®</sup> is just the beginning.**

**Are you taking any of the prescription  
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**Read this URGENT bulletin immediately.**



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